

ADULT COACHING TIMETABLE

| CLASS/AGE | MON | TUE | WED | THU | FRI | SAT | SUN |
|-------------------------|-------------------------------------|------------------------|------------------------|-------------------------------------|----------------------------|------------------------|-----------|
| Adult Beginner | 7pm - 8pm 8pm - 9pm | 8pm - 9pm | 6pm - 7pm 7pm - 8pm | 6pm - 7pm | 11am - 12pm | 3pm - 4pm | |
| Adult Improver | 6pm - 7pm 7pm - 8pm | 7pm - 8pm 8pm - 9pm | 8pm - 9pm | 6pm - 7pm 7pm - 8pm 8pm - 9pm | 1pm - 2pm | 3pm - 4pm 4pm - 5pm | |
| Adult Improver+ | 6pm - 7pm 7pm - 8pm 8pm - 9pm | 7pm - 8pm 8pm - 9pm | | 7pm - 8pm 8pm - 9pm | 12pm - 1pm | 4pm - 5pm | 2pm - 3pm |
| Adult Advanced | 8pm - 9pm | 8pm - 9pm | 8pm - 9pm | | | | |
| Ladies Beginner | | | | | | | |
| Ladies Improver | | 7pm - 8pm | | | | | |
| Ladies Improver+ | 10am - 11am | | | | 10am - 11am 11am - 12pm | | |